

**FEMIMENS**  
**120 capsules**

**HEBAL REMEDY FOR THE ELIMINATION OF PMS SYMPTOMS\***

<b>SUPPLEMENTS FACTS</b>		
Serving Size 1 Capsule		
Servings per Container 120		
<b>Amount per serving</b>	<b>% Daily Value (DV) Amount per serving</b>	
<b>Chaste Tree extract (berry)</b> <i>(Vitex Agnus Castus)</i>	125 mg	**
<b>Ashwagandha extract</b> <i>(Withania Somnifera)</i>	100 mg	**
<b>Ginger extract (rhizome)</b> <i>(Zingiber Officinale)</i>	35 mg	**
<b>Fenugreek extract (seed)</b> <i>(Trigonella Foenum-graecum)</i>	30 mg	**
** Daily Value Not Established		

**OTHER INGREDIENTS:** Maize Starch, Microcrystalline Cellulose, Talcum, Sodium Benzoate (E211) & Capsule Shell: Hypromellose, Purified Water, Carrageenan & Potassium Acetate.

**PROPERTIES OF COMPONENTS:** **Vitex Agnus Castus extract** restores the physiological cycle of gonadotropic hormone secretion, reduces prolactin levels and increases blood progesterone levels (eliminates hyperprolactinemia), normalizes the balance between estrogen and progesterone and reduces the response of the mammary glands to the phases of the menstrual cycle. It has anti-oxidant, anti-inflammatory and anti-proliferative properties and able to help relieve symptoms of premenstrual dysphoric disorder and premenstrual syndrome (PMS).

**Withania Somnifera extract** has a calming, anti-inflammatory, anti-tumor, anti-oxidant, anti-bacterial and immune-modulatory effects.

**Zingiber Officinale extract** has analgesic, anti-inflammatory, anti-spasmodic and anti-microbial effects.

**Trigonella Foenum-graecum extract** normalizes the levels of testosterone, estradiol, progesterone in women, thereby normalizing libido. It has analgesic and anti-pyretic effect. It contains diosgenin, which normalizes progesterone levels.

**RECOMMENDATIONS FOR USE:** Femimens uses traditional herbal medicine to keep the body and mind balanced through hormonal fluctuations and reduce symptoms of PMS.\*

**SUGGESTED USE:** Take one (1) capsule twice daily with water after meals.

**DURATION OF USE:** Use for 4-6 months.

**You need 2-3 packages of FEMIMENS for the full course.**

**MANUFACTURER:**

**ANANTA MEDICARE LIMITED**

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.